

# Drug Information Sheet("Kusuri-no-Shiori")

Internal

Revised: 01/2026

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

**Brand name:**LEBENIN-S POWDER

**Active ingredient:**Lactomin

Streptococcus faecalis  
Lactobacillus acidophilus  
Bifidobacterium  
Bifidobacterium longum

**Dosage form:**white powder

**Imprint or print on wrapping:**



## Effects of this medicine

This medicine improves abdominal symptoms such as diarrhea, loose stool, constipation or abdominal bloating by bifidobacteria/lactic acid bacteria normalizing intestinal environment.

It is usually used to improve various symptoms due to abnormalities in the intestinal flora.

## The following patients may need to be careful when using this medicine.Be sure to tell your doctor and pharmacist.

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

## Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is(( to be written by a healthcare professional))
- In general, for adults, take 1 to 2 g at a time, 3 times a day. The dosage may be adjusted according to your age or symptoms. Strictly follow the instructions.
- If you miss a dose, take the missed dose as soon as possible. However, if it is almost time for the next dose, skip the missed dose and follow your regular dosing schedule. You should not take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

## Precautions while taking this medicine

## Possible adverse reactions to this medicine

No pertinent entries.

**The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.**

No pertinent entries.

**The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.**

## Storage conditions and other information

- Keep out of the reach of children. Store at room temperature (1 to 30 degrees Celsius) away from direct sunlight and moisture.
- Discard the remainder. Do not store them. If you do not know how to dispose of it, please consult the pharmacy or medical institution where you received it. Please do not give it to others.

## For healthcare professional use only

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For further information, talk to your doctor or pharmacist.